



UNIVERSITY of
DENVER



Parents: Is your child often anxious, nervous, worried, or scared?



The **BRAVE Lab** at the University of Denver is testing a computerized program that **may help kids and teens feel less anxious and stressed.**

Does your child:

- ❖ Have a hard time separating from you?
- ❖ Worry a lot about school, friends, family, health, or new situations?
- ❖ Feel really shy or embarrassed in social situations?
- ❖ Always seem to be stressed about something?

Eligible kids and teens:

- ❖ Are ages 10 to 17
- ❖ Have access to a computer and internet at home

Eligible youth may receive:

- ❖ A free mental health evaluation
- ❖ A four-week computerized training program that may help them feel less worried, nervous, scared, or stressed.
- ❖ Families receive free parking and compensation for study visits.

For more information, call (303) 871-6448 or email BraveLab@du.edu

This study is being conducted by Dr. Michelle Rozenman, Ph.D., Department of Psychology, University of Denver